

POWDER

SMOOTHIES

GREEN FLASH
kale | avocado | spinach | apple | citrus | ginger

10

BANANA

nutella

9

COCONUT

pineapple

9

HEALTHY HABITS

STEEL CUT OATMEAL

berries | maple syrup

12

MELONS & BERRIES

agave | mint

10

CHIA SEED MUESLI

almonds | blueberry compote

12

THE UNEXPECTED

THE OUTLAW SANDWICH

over easy egg | heirloom tomato | avocado | arugula | brie | multi-grain

16

MEDITERRANEAN FRITTATA

egg whites | summer squash | roasted peppers | tomatoes | goat cheese

16

LOX SANDWICH

smoked salmon | dill cream cheese | pickled onion | arugula | cucumber | toasted bagel

17

SMASHED AVOCADO TOAST

edamame | mint | pea tendrils | parmesan snow | multi-grain

12

PORK BELLY & FRIED EGG

black beans | ancient grains | avocado salsa | salsa macha

15

EGGS OUR WAY

WALDORF EGGS BENEDICT

house-made muffin | tomato jam | hollandaise | home fries

zucchini and tomato 16

niman ranch shaved ham 19

cambridge smoked salmon 20

GIDDY UP

two eggs | home fries | toast

choice of one protein: smoked bacon | niman ranch ham | chicken cherry sausage

19

FARMER'S FRENCH OMELET

choose up to three fillings | additional ingredients 1.50 each

bacon | ham | smoked salmon | tomatoes | bell peppers

zucchini | mushrooms | onions | spinach | cheddar | gruyere | goat cheese

19

FROM THE GRIDDLE

BUTTERMILK PANCAKES 14

BLUEBERRY PANCAKES 15

BANANA PANCAKES 15

BRIOCHE FRENCH TOAST 15

BEVERAGE

COFFEE 4

ESPRESSO 4

CAPPUCCINO 5

POT OF HOT TEA 5

SQUEEZED JUICE 5

KOMBUCHA 8

We are required to inform you by the Utah state food code that consuming raw or undercooked meats, poultry and seafood, and shellfish or eggs may increase your risk of food borne illness.
20% gratuity will be added to parties of 6 or more.