

## **HEALTHY HABITS**

GREEN SMOOTHIE

kale | avocado | spinach | apple | citrus | ginger

10

BANANA SMOOTHIE

nutella 10

**CARROT & APPLE JUICE** 

ginger 10

STEEL CUT OATMEAL

berries | maple syrup

13

MELONS & BERRIES

agave | mint

10

CHIA SEED MÜSLI

almonds | blueberry compote

13

## THE CLASSICS

CONTINENTAL 13

yogurt parfait | seasonal whole or sliced fruit | breakfast pastry

LOX SANDWICH 18

smoked salmon | dill cream cheese | pickled onion | arugula | cucumber | toasted bagel

SMASHED AVOCADO TOAST 17

edamame | mint | pea tendrils | parmesan snow | multi-grain

YOGURT PARFAIT 12

greek yogurt | berries | granola

## EGGS OUR WAY

PORK BELLY & SUNNY SIDE UP EGGS 19

black beans | ancient grains | avocado salsa | salsa macha

MEDITERRANEAN FRITTATA 19

egg whites | summer squash | roasted peppers | tomatoes | goat cheese

**WALDORF EGGS BENEDICT** 

house-made muffin | tomato jam | hollandaise | home fries

• zucchini and tomato 18 • niman ranch shaved ham 20 • smoked salmon 21

EUROPEAN HAM AND EGGS 19

three sunny side up eggs | niman ranch ham | arugula

THE ASTORIA BREAKFAST 19

two eggs | home fries | toast

choice of one protein: smoked bacon | niman ranch ham | chicken cherry sausage

FARMER'S FRENCH OMELET

choose up to three fillings | additional ingredients 1.50 each

bacon | ham | smoked salmon | tomatoes | bell peppers | zucchini | mushrooms | onions | spinach cheddar | gruyere | goat cheese

THE OUTLAW SANDWICH 19

over easy egg | heirloom tomato | avocado | arugula | brie | multi-grain

## FROM THE GRIDDLE

BUTTERMILK PANCAKES 14
BLUEBERRY PANCAKES 16
BANANA PANCAKES 16

BRIOCHE FRENCH TOAST 16

BEVERAGE

we proudly serve LAVAZZA coffee

COFFEE 5

ESPRESSO 5

CAPPUCCINO 6

POT OF HOT TEA 6

FRESH SQUEEZED JUICE 8