

## MORNING SHAKES

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**FITNESS & PROTEIN 12**  
omega seed butter | raw almond milk  
wild blueberries | hemp | chia | dates

**GREEN SMOOTHIE 11**  
kale | avocado | spinach | apple | citrus | ginger

**BANANA SMOOTHIE 10**  
nutella

**STRAWBERRY BANANA 10**  
raw almond milk

**CARROT & APPLE JUICE 10**  
ginger

**TURMERIC TONIC 10**  
lime | lemon | honey

**FRESH PRESSED JUICES 10**  
orange | grapefruit | apple | pear

## BEVERAGE

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we proudly serve LAVAZZA coffee

COFFEE 5

ESPRESSO 6

CAPPUCCINO 7

LATTE 7

HOT CHOCOLATE 6

TEALEAVES TEA SELECTION 6

**POWDER**

## ENERGIZING AND FRESH

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**MELONS & BERRIES 11**

**WILD BLUEBERRY BOWL 12**  
organic creamy peanut butter | fresh and dried fruits

**SEASONAL FRUIT 12**  
granola | honey

**SMASHED AVOCADO TOAST 17**  
edamame | mint | pea tendrils | parmesan | multi-grain  
add sunny side up egg 4  
add smoked salmon 9

**YOGURT PARFAIT 12**  
greek yogurt | berries | granola

**LOX SANDWICH 19**  
smoked salmon | dill cream cheese | pickled onion  
arugula | cucumber | toasted bagel

## HILTON HONORS CONTINENTAL BREAKFAST

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assorted house-baked pastries | yogurt parfait  
seasonal fruit  
freshly squeezed organic juice  
LaVazza Coffee or Tealeaves Tea

**THE ASTORIA 19**  
two organic eggs | potatoes | toast  
a choice of:

smoked bacon | niman ranch ham  
chicken apple sausage

We are required to inform you by the Utah state food code that consuming raw or undercooked meats, poultry and seafood, and shellfish or eggs may increase your risk of food borne illness.

## ORGANIC CAGE FREE EGGS

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**HUEVOS RANCHEROS 20**  
sunny-side up eggs | black beans | tortilla  
pico de gallo | cilantro | avocado & salsa verde

**MEDITERRANEAN FRITTATA 19**  
egg whites | squash | roasted peppers  
tomatoes | goat cheese | arugula  
add avocado 4 add smoked salmon 9

**WALDORF EGGS BENEDICT**  
english muffin | tomato jam | hollandaise  
• zucchini and tomato 19 • niman ranch shaved ham 20  
• smoked salmon 22

**EUROPEAN HAM AND EGGS 19**  
three sunny-side up eggs | niman ranch ham | arugula  
add avocado 4 add smoked salmon 9

**FARMER'S FRENCH OMELET 22**  
choose up to three fillings | additional ingredients 1.50 each  
choice of mushroom | tomato | onion | cheese  
niman ranch ham | smoked bacon | smoked salmon

**SOFTLY SCRAMBLED ORGANIC EGGS 19**  
mozzarella | cherry tomatoes | basil

**THE OUTLAW SANDWICH 21**  
over-easy egg | heirloom tomato | avocado  
arugula | brie | multi-grain

## GRAINS AND OATS

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**BUTTERMILK PANCAKES 17**  
berries or banana or chocolate chip | maple syrup

**BRIOCHE FRENCH TOAST 17**  
berries | vanilla | banana | whipped cream

**CHIA SEED MÜSLI 13**  
almonds | blueberry compote

**STEEL CUT OATMEAL 13**  
berries | maple syrup